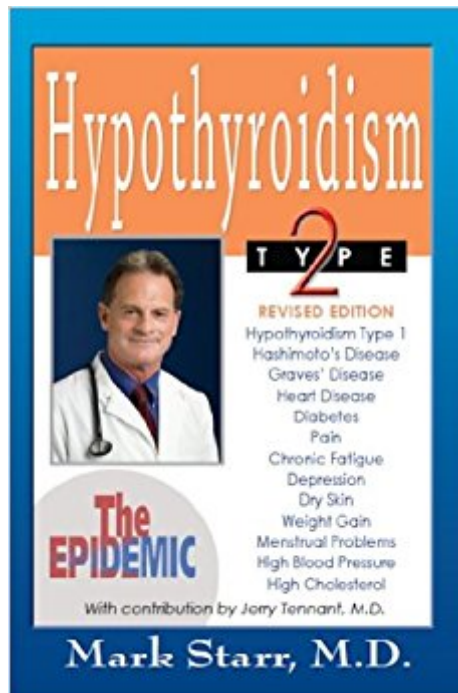




The book was found

Hypothyroidism Type 2: The Epidemic



Synopsis

An astonishing book revealing the cause and successful treatment for the plague of illnesses affecting western civilization; including obesity, heart attacks, depression, diabetes, strokes, headaches, chronic fatigue, and many more. In Dr. Starr's description of Type 2 Hypothyroidism, he presents overwhelming evidence showing a majority of Americans suffer this illness, which is due to environmental and hereditary factors. Laboratory testing used to diagnose hypothyroidism is completely inadequate, and current treatment for hypothyroidism is ineffective. Groundbreaking research shows how persistent environmental toxins prevent thyroid and other hormones from working properly. This book will lead you to understanding more about your health than anything you have ever read. Many of the more recent patients who have sought help from Dr. Starr have come to him with Hashimoto's and Graves' diseases. As a result, the updated 2011 version added a chapter on Hashimoto's and Graves' disease. Revised for 2013 with a contribution by Jerry Tennant, M.D.

Book Information

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Customer Reviews

Dr. Starr has written clear and understandable explanation of why so many people today are suffering from hypothyroidism, despite normal blood test that throw their doctors off the track. Having successfully treated several thousand type 2 hypothyroid patients myself over 23 years practice and watching them return to normal health, I applaud Dr. Starr's work which will hopefully reach many of those who are suffering so they can get help. His in-depth research and discussion

of how environmental toxins can interfere with thyroid hormones is groundbreaking and enlightening for us all. Bravo Mark! --Robban Sica, M.D. I believe everyone needs to review Mark Starr's book. He has a vital message to share about the many people who do not realize they have low thyroid, because standard thyroid tests do not show it. Mark Starr's dedication to research, and his devoted study with the old masters, have made him an international expert on thyroid and iodine. ---- Garry Gordon, M.D., D.O., M.D. (H) I believe everyone needs to review Mark Starr's book. He has a vital message to share about the many people who do not realize they have low thyroid, because standard thyroid tests do not show it. Mark Starr's dedication to research, and his devoted study with the old masters, have made him an international expert on thyroid and iodine. --Garry Gordon, M.D., D.O., M.D. (H) I believe everyone needs to review Mark Starr's book. He has a vital message to share about the many people who do not realize they have low thyroid, because standard thyroid tests do not show it. Mark Starr's dedication to research, and his devoted study with the old masters, have made him an international expert on thyroid and iodine. --Garry Gordon, M.D., D.O., M.D. (H) I believe everyone needs to review Mark Starr's book. He has a vital message to share about the many people who do not realize they have low thyroid, because standard thyroid tests do not show it. Mark Starr's dedication to research, and his devoted study with the old masters, have made him an international expert on thyroid and iodine. --Garry Gordon, M.D., D.O., M.D. (H)

As a Diplomat of the American Board of Pain Medicine and Fellow of the American Board of Physical Medicine and Rehabilitation, Dr. Starr delivered lectures at International Courses on Musculoskeletal Pain and Fibromyalgia. The courses were held at Mt. Sinai Hospital and University of British Columbia, Vancouver, British Columbia. He is a life member of the national registry of Who's Who published in the 1999 edition. Dr. Mark Starr finished his residency in Physical Medicine and Rehabilitation at the University of Missouri, Rusk Rehabilitation Center in 1994. The following two years, he studied in New York City with several of the world's premier pain specialists: Hans Kraus, MD, Norman Marcus, MD, Lawrence Sonkin, MD, PhD, and Andrew A Fischer, MD, PhD. Initially, Dr. Starr worked eighteen months at the Bronx Veteran's Hospital with Dr. Fischer, the renowned musculoskeletal pain specialist, author, lecturer, and former student of Hans Kraus. Following his work with Dr. Fischer, Dr. Starr studied at the New York Pain Treatment Program at Lenox Hill Hospital, with Drs. Kraus and Marcus. Dr. Starr was treated by and studied under Dr. Sonkin, the New York Cornell Endocrinologist, who worked closely with Dr. Kraus for thirty years. Dr. Kraus' books included Therapeutic Exercise, Backache, Stress, and Tension, The Sports Injury Handbook, and Diagnosis and Treatment of Muscle Pain. Dr. Starr has been in private practice

since 1996. He has attended American Academy of Anti-aging Meetings & American Academy of Environmental Medicine meetings. Dr. Starr is involved in clinical studies on the relationship and treatment of hormone imbalances, heavy metal toxicity, Candidiasis, chemical sensitivities, chronic fatigue, and pain. He is adept at maximizing health through natural hormone therapies.

Because there seems to be a situation where the body cells become resistant to thyroid hormones, a situation similar to insulin resistance occurs: there is a normal concentration of the hormone in the blood but there is little reaction to it by the cells of the body. The result is an apparent thyroid deficiency but blood tests do not show it. As a problem not typically recognized by most doctors, it usually goes untreated and results in heart attacks, diabetes, obesity and painful joints as well as a host of other maladies. This book explains the history of the disease and how it can be recognized even though conventional blood tests do not show any thyroid deficiency. It is not an easy read, apparently being more for medical professionals than the layman, but is worth reading by people with perpetually clod hands and feet, constant fatigue and other manifestations of thyroid deficiency despite blood tests that show no lack of thyroid hormones in the blood.

Info in this book links many systems in the body and their functions together to give a macro view of the body instead of the compartmentalized way that doctors typically deal with the body. The thyroid is one of the major control mechanisms of the human body and its function is inhibited by chlorine, flourine, bromine, mercury and many other heavy metals, salt, processed foods and in a nutshell pretty much everything that corporate america now has a large part of the world addicted to. Are they making us sick on purpose? Probably just a side effect of their rush to succeed. Be that as it may, there are things we can do to not only improve our health but to actually become healthy functioning human beings. And that info is in this book as well as the fact that the stuff you need can now be purchased online. This is not recommended in the book, of course, but I was left with no recourse when I could not find a doctor that would help me with healing as opposed to drugging. I am feeling much better in just a few short weeks. **THIS IS A MUST READ BOOK FOR ALL AMERICANS!** And after you are finished pass it on. After reading the book rest assured you will know many people that need to become aware of its contents!

If you are having thyroid problems, this book is a **MUST**. You also need to get the book "Stop the Thyroid Madness". These books changed my life. Because of cancer at 20, I had my thyroid removed. I was undertreated and on the wrong medication for 23 years. Throughout those years, I

was diagnosed with various medical problems. After reading this book, I found out that the diagnoses I had were ALL symptoms of hypothyroidism. The doctors had relying on tests and failed to use common sense. Between the information in Dr Starr's book (Hypo 2), Stop and a new doctor (finding one wasn't easy), I got up to the correct dose. One year and one month later, < OOPS > I got pregnant. My recommendation is, read this book and see what you think. If you ARE hypothyroid and are able to begin a dose of desiccated thyroid, do NOT skip the chapter on thyroid and fertility. Read it carefully and take precautions. Don't say I didn't warn you.

This book was very eye opening in my journey to learn about my Hashimotos hypothyroid disease. Dr. Starr refers extensively to Dr. Broda Barnes and his extensive research. I originally checked this book out at the library and had to buy myself and my doctor a copy. This book is an excellent resource.

Many times, doctors just watch the TSH value and give you only T4. This combination does not always work with people... and in-order that you don't have problems because of it - you need to learn more and convince your doctor that he, also, needs to add T3 to the mixture. Reading these books gives you the added knowledge you will need to know in order to convince them... as doctors can be quite thick-headed.

Not on purpose but I nevertheless waited 4-years to write this review. More than just odd, that I waited so long, in that after reading just a few chapters I realized that the author was talking about me. Right, I'm hypothyroid type-2 and now taking Armour thyroid, 3-grain/daily. Yes, I regret that I had to wait so long to find out what was wrong but grateful that I eventually did find out. Thank you, Mark StarrHillbilly

I haven't finished reading this yet, but it is an eye opener for all of us who are sluggish and tired all of the time. I want to do things naturally so I am very careful about what I put in my body. I would suggest this to those who want to take their health in their own hands.

I regard this as the definitive work on the subject. It is one of three in my library. But when I took this to an appt. I had with an endocrinologist, she said "any one of your symptoms could be caused by something else"!!! When your a 77 yr. old on Medicare.....nobody cares!

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